



Egypt British International School

Key Stage 1 Department

The Launch of 'KS1 Healthy Eating Cart'

Child's Number

Wednesday, 20th September 2017.

Dear KS1 Parents,

We are very happy to launch our very own Healthy Eating Cart on our KS1 floor. Our KS1 Cart was designed by some of our amazing Year Two Students from last year. The design was created during our Healthy Living Enrichment Classes, with the guidance of Mrs. Soha, who was leading this Enrichment Class. The design was then handed to our in-school carpenters, who did a marvelous job! The cart has a large refrigerator to keep the food fresh throughout the day.

We are continuously promoting healthy eating within Key Stage 1. The items that have been carefully selected on the menu have been based on a YouTube Video that inspired me a lot. The vision is to sell items that are the same as homemade lunches.

<https://www.youtube.com/watch?v=vIEuy1N6J4I>

You can confidently send your child's lunch bag into school empty with the money and the children can select a balanced healthy lunch and fill their lunch bags themselves.

Finally, I am happy to announce that 'The KS1 Healthy Eating Cart' will be up and running on Sunday 24th of September. The items and pricelist are on the back of this sheet, please keep it in a safe place for future reference.

With Kind Regards,

Mrs. Sam El Saadani

Head of Key Stage 1

