



EGYPT BRITISH INTERNATIONAL SCHOOL



KS1 Healthy Eating Cart Letter

COMPLETION DATE: Nov 2018

REVIEW DATE: Nov 2018



Egypt British International School

Key Stage I Department

The Launch of 'KSI Healthy Eating Cart'

Wednesday, 19th September 2018.

Dear KSI Parents,

Children in KSI are not allowed to use our school canteen that is located on our playgrounds. However, they are allowed to buy from our Healthy Eating Cart on our KSI floor. Our KSI Cart was originally designed by some of Year Two Students two years ago, during the Healthy Living Enrichment Classes, with many thanks to Mrs. Soha, who guided the children's design down the right path. The design was then handed to our in-school carpenters. The cart has a large refrigerator to keep the food fresh throughout the day.

We are promoting healthy eating within the Key Stage I. The items that have been carefully selected on the menu have been based on a YouTube Video that inspired me a lot. The vision is to sell items that are the same homemade lunches.

<https://www.youtube.com/watch?v=vlEuy1N6J4I>

You can confidently send your child's lunch bag into school empty with the money and the children can select a balanced healthy lunch and fill their lunch bags themselves.

'The KSI Healthy Eating' is already up and running and your child may already be purchasing from the cart. We have also sent via Engage Portal the items and pricelist, you may print it and keep it in a safe place for future reference.

With Kind Regards,

Sam El Saadani

Mrs. Sam El Saadani
Deputy Head of Primary & Head of Key Stage I

